

# Creating A Relaxing Bedroom

A comfortable bedroom ensures a good night's sleep to help you feel good and active every day.

Follow these tips to create a relaxing bedroom:

Choose the right size of bed (king, queen, twin, etc.) to ensure comfortable sleep.

Buy a comfortable mattress to prevent aches or pains. It helps to get up fresh in the morning.

Choose soothing colors such as blue, green, pastels, etc. to create a relaxing environment.



An organized space is more relaxing so invest in storage furniture such as end tables with drawers.

Add accessories including table lamps, vases, wall art, etc. to create a warm atmosphere in the bedroom.

[www.killeenfurniture.com](http://www.killeenfurniture.com)

**Ashley HomeStore**

2301 Imperial Drive,  
Killeen, TX 76541  
Phone: (254) 690 - 8721

